

# 2016 Fallston Cougars Football



## *Players Code of Conduct* *Play with Heart, Win with Class, Lose with Dignity!*

(Please review with your child and have him sign and return to his coach on August 1st)

1. Give your best at home, at school, and on the field.
2. Be 10 minutes early (Be dressed with shirt tucked in, shoelaces double knotted and ready before your coach asks)
3. Play and practice with positive attitude.
4. Be “coachable”. Pay attention and focus on learning, and Never interrupt your coach.
5. If you don’t understand something, tell your coach.
6. Give your best effort at all times.
7. Understand that every position is critical and every player must do his job for the team to succeed.
8. Be a role model on and off of the field. Set the example for your teammates.
9. Think through every play before you run it.
10. Cheer for your teammates.
11. Never jeer at opposing players!
12. Never, never give up on yourself or your team!
13. Believe in yourself and your team.
14. Hustle even when you don’t want to.
15. Show pride in yourself and your team.
16. Respond in a positive manner to your parents, your teachers, and your coaches.

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Players Signature